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Quick, EasyPowerful
Our integrated online services add value to your benefits plan
as they empower members and dental offices to engage in
benefits administration.
MetLink — provides employers with a convenient online
experience that enables simple administration of their MetLife
and affiliate employee benefits.
MyBenfits — gives employees secure self-service capabilities
such as checking eligibility, viewing their dental benefits and
locating participating dentists.
Mobile Ap andWebsit — gives participants access to the
Find a Dentist search function, and allows them to view plan
summaries, claims and ID cards from their mobile devices.
MetDnal — provides dental offices with an online resource
to verify eligibility, view a patient’s benefit information, access
administrative forms, submit dental claims in real time, take
continuing education courses, download patient education tools,
and more.

Like most group bene t programs, bene t programs o ered by MetLife and its aliates contain certain exclusions,
exceptions, waiting periods, reductions of bene ts, limitations and terms for keeping them in force. Please contact MetLife
for complete details.
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1.Transactions are processed in “real time,” except when the systems are undergoing scheduled or unscheduled
maintenance or interruption.
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